

Eileen Breckenridge, RN

NYSENA Secretary



Eileen's career in Emergency Nursing began in 1986. Since then, she has worked in rural and Level 1 centers. Including two years in critical care ground/flight transports culminating with air response to the events of 911. Eileen has spent the last ten years supporting education of our nurses as an AHA instructor, NYS TNCC/ENPC faculty and a member of the Capitol District Region Critical Care Education Consortium.

She spent most of her life in NY but now resides outside Nashville, TN. The joys of Eileen's life are scattered across the country so she can often be found crocheting on a plane to visit her children and grandchildren!

Leaning into Ortho Spine Emergencies

Presentation summary:

Ortho - Case Study of Firefighter with multiple lower extremity injuries after 40-foot fall. Assessment of injuries, pain management, and types of injuries the ED nurse would suspect from this type of injury.

Neuro - Chiari Malformation occurs in approximately 1/1000 patients. Review of presentation of signs and symptoms that require emergent care. Treatment of Chiari headache.

Learning Objectives:

1. Identify multimodal pain management options in the ED for orthopedic patients.
2. Verbalize injuries associated with deceleration injuries.
3. Recognize life threatening presentation of Chiari Malformation

References:

Sheehy, S. B., Hammond, B. B., & Zimmermann, P. G. (2013). *Sheehy's manual of emergency care*. 7th ed. / St. Louis, Mo., Elsevier/Mosby

Trauma Nursing Core Course (TNCC) provider manual, 9th ed./Emergency Nurses Association. Jones and Bartlett, 2024

Mayo Clinic Diseases and Conditions. Retrieved from:

[https://www.mayoclinic.org/diseases-conditions/chiari-malformation/symptoms/causes/syc20354010#:~:text=Chiari%20malformation%20\(kee%2DAH%2D,brain%20and%20forces%20it%20downward.](https://www.mayoclinic.org/diseases-conditions/chiari-malformation/symptoms/causes/syc20354010#:~:text=Chiari%20malformation%20(kee%2DAH%2D,brain%20and%20forces%20it%20downward.)